



## LEEWARD YMCA

94-440 Mokuola St  
Waipahu HI 96797  
ymcahonolulu.org

## DAY CAMP STAFF

### Site Coordinator

Morning: Taira  
Afternoon: Cassie

### Youth Director

Mike Fontanilla  
mfontanilla@ymcahonolulu.org

Mua Moimoi  
smoimoi@ymcahonolulu.org



### PROGRAM HOURS

Monday - Friday  
7:00 am - 5:30 pm

### CHECK-IN/ CURBSIDE DROP OFF

Please enter through Mokuola Street  
(Behind Filcom Center)  
Drop-Off: 7 am - 8 am  
Pick-Up: 4:30 pm - 5:30 pm

### SITE PHONE NUMBER

**808-445-4268**



# Leeward YMCA - Spring Day Camp

## The Lorax!

March 16 - 20, 2026

Aloha Parents & Guardians,  
Welcome to Spring Day Camp! We are excited to welcome both new and returning families this spring season.

Get ready for a variety of fun and engaging activities, including Food & Fun, Recreational Swim, STEAM projects, and so much more. Families are welcome to join us for our special family events this week—we look forward to sharing the fun with you! For more information, please see the Site Coordinator.

Week activities, menus, and event details are listed on the back page. If you have any questions or concerns, please call our Day Camp Direct Line at 808-445-4268.

Mahalo,  
Spring Day Camp Team

## Important

### ABSENT?

Please call us at 808-445-4268 by 9:00 AM if your child will be absent from the program.

### LATE PICK UP

Notify Day Camp staff immediately if you will be late. A \$15 late fee will be charged for the first 5 minutes past the pick-up time and \$1 a minute thereafter. Repeated late pick-ups may result in termination from the program.

### PICK-UP PROCEDURES

All authorized people must present their valid ID and sign out their child; if a person is not on the authorization pick-up list or not phoned in by the parent, YMCA staff will not release the child until the parent has been contacted and approves the child's release.

If your child is experiencing a cough or any symptoms of illness, we will call for immediate pick-up.

**WE ENCOURAGE PARTICIPANTS TO STAY HOME.**

**FACE MASKS are optional.**

### INCURSION

See the permission/waiver form for dates of each incursion. Participants MUST turn in a permission release form.

### NUT-FREE SNACKS

Please pack 2 or more snacks to last throughout the day.

### ALLERGIES /MEDICAL CONDITION

Please let us know if your child has any allergies or medical conditions.

### OUTDOOR SAFETY

Come prepared with sunscreen, bug repellent, covered shoes, and a hat. All groups will rotate outdoors throughout the day.

### WATER BOTTLE

Must bring a hydro flask or water bottle. Water dispenser/ water jugs are available.

### REC SWIM

Please have participants in their swimwear upon arrival. Daily reminders will go out the day before.

### HOT MEALS

Daily lunch is provided by Lanakila Kitchen.  
Optional: Please pack a lunch daily for your child.

# ACTIVITY SCHEDULE - SUBJECT TO CHANGE

| MONDAY<br>MARCH 16  | TUESDAY<br>MARCH 17   | WEDNESDAY<br>MARCH 18   | THURSDAY<br>MARCH 19   | FRIDAY<br>MARCH 20   |
|---|---|---|--|--|
| <p><b>MORNING</b></p> <p>KIDZLIT<br/>I AM THE LORAX<br/>BY: DR. SEUSS<br/>K-2ND<br/>-Read Aloud View<br/>Points/Diversity</p> <p>3RD - 5TH<br/>FOOD &amp; FUN<br/>TRUFFULA TREES</p>  | <p><b>MORNING</b></p> <p>KIDZLIT<br/>I AM THE LORAX<br/>BY: DR. SEUSS<br/>K-2ND<br/>-Developing<br/>Literacy / Thinking<br/>Skills</p>  <p><b>REC SWIM</b><br/>10-12:00 PM</p> | <p><b>MORNING</b></p>  <p><b>Bake Sale</b><br/>10-12:00 PM</p> <p><b>GAME ON</b><br/>K-2ND</p>  | <p><b>MORNING</b></p> <p>KIDZLIT<br/>I AM THE LORAX<br/>BY: DR. SEUSS<br/>K-2ND<br/>-Assessment/<br/>Group Reflection</p> <p>SPECIAL EVENT<br/>THE GREAT<br/>Y-VILLE<br/>-OUTDOOR<br/>CARNIVAL GAMES<br/>(K-2ND)</p> <p><b>REC SWIM/<br/>WATER SLIDE</b><br/>10-12:00 PM</p>  | <p><b>MORNING</b></p> <p>GROUP<br/>STATION<br/>BRING HOME A<br/>TRUFFULA</p>  |
| <p><b>AFTERNOON</b></p> <p>K-2ND<br/>FOOD &amp; FUN<br/>TRUFFULA TREES</p> <p>2<sup>nd</sup> STEP<br/>Social and<br/>Emotional<br/>Learning</p> <p><b>GAME ON</b><br/>3RD-5TH</p>   | <p><b>AFTERNOON</b></p>  <p>Y360/<br/>DANCE OFF</p>   | <p><b>AFTERNOON</b></p> <p>KIDZLIT<br/>I AM THE LORAX<br/>BY: DR. SEUSS<br/>K-2ND<br/>-Emotional<br/>Development</p> <p><b>FAMILY EVENT:<br/>Family Swim</b></p>                | <p><b>AFTERNOON</b></p> <p>SPECIAL EVENT<br/>THE GREAT Y-VILLE<br/>-OUTDOOR<br/>CARNIVAL<br/>GAMES<br/>(3RD-5TH)</p> <p>Y360/<br/>DANCE OFF</p>   | <p><b>AFTERNOON</b></p> <p>MOVIE DAY<br/>THE LORAX</p>                       |

## Lunch Menu Provided by Lanakila Kitchen

"USDA is an equal opportunity provider and employer"

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|--|--|--|---|
| Creamy Beef<br>Whole Grain Pasta<br>Mixed Vegetables<br>Oranges | Garlic Chicken Parm<br>Whole Grain Pasta Prep<br>Kangkong/Ong Choy<br>Tropical Fruit Cup | Beef Curry<br>Garlic Rice Prep<br>Sweet Potato Mash<br>Peach Fruit Cup | Japanese Chicken KCC<br>Brown Rice Prep<br>Baby Choy Sum<br>Banana | Lemon Caper Fish<br>Brown Rice Prep<br>Watercress<br>Pear Fruit Cup |

Menu items are subject to change / \*1% low-fat milk is served with ALL segments

### REC SWIM

#### PACK THE FOLLOWING:

- Swimwear (NO COTTON MATERIAL)
- Plastic bag (for wet clothes)
- Towel
- Sunscreen
- Life jacket (provided for all participants)
- Extra change of clothes
- Hair tie (for hair that is longer than shoulder length)
- Goggles



**FAMILY EVENT**  
 Wednesday, March 18, 2026  
 5:30 PM-7:00 PM  
 Come and join us for a fun evening of Swimming

# PROMOTIONS

## FREE HEALTHY KIDS DAY, SAT, APR 18

- Enjoy family activities, games & more at all Y locations. Get free tickets.
- Get free tickets!



[bit.ly/HealthyKD](https://bit.ly/HealthyKD)

## FAMILY MEMBERSHIP PROMO

- Sign up for a Family Membership in March, April, or May and save \$99



[bit.ly/4azhJpE](https://bit.ly/4azhJpE)

## 2026 SUMMER YOUTH & TEENS PROGRAMS

- Day Camp: \$50 Saves your spot for packages
- Teen programs are free



[bit.ly/DayCampWeb](https://bit.ly/DayCampWeb)

## SAVE YOUR CAMP ERDMAN SUMMER 2026 OVERNIGHT CAMP WEEK SPOT

[bit.ly/42aXbze](https://bit.ly/42aXbze)



## Y COLLEGE CAMP (JUNE 13-19)

- Free week-long college camp with tours, dorm stay & career workshops.
- Applications due April 3



[tinyurl.com/CCApp26](https://tinyurl.com/CCApp26)

## FREE Y TEEN CLUB

- Grades: 6th - 12th
- Afterschool & some weekends.
- Experience the best of YMCA's teen programs, including academic support, enriching activities, island-wide adventures and more!



[bit.ly/YTeenClub](https://bit.ly/YTeenClub)

## SWIM LESSON REGISTRATION

- April to May Swim Sessions open for registration
- Y Family Members save 20%
- Financial Aid Available



[bit.ly/47yNyOG](https://bit.ly/47yNyOG)

## EXPANDED PRESCHOOL FINANCIAL AID!

- Family of 4 up to \$184,896 annual income qualify



[bit.ly/TheYPreschool](https://bit.ly/TheYPreschool)

## FINANCIAL AID AVAILABLE

- For Programs, Camps, Membership



[bit.ly/YMCAid](https://bit.ly/YMCAid)

# Spring Day Camp

## Excursion/Incursion, Events, Rec Swim/SAW Permission Form

Please provide parent's initials for each event/rec swim that your child will be attending and a complete signature for medical and emergency release. Participants will not be allowed to attend event/ rec. swim without the signed consent of a parent/ guardian. Each individual participant needs their own signed event/ rec. swim release form.

\*\*Day Camp/ Intersession events are subject to change.

Please see weekly newsletter for up-to-date info and details\*\*

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

### March 16, 2026- March 20, 2026

| Date  | Grade        | Excursion/Incursion, Events, Rec Swim, SAW | Parent Initial |
|---|--------------|--|----------------|
| Tuesday, March 17, 2026<br>Thursday, March 19, 2026 | ALL GRADES   | Leeward YMCA:<br>REC SWIM                  |                |
| Wednesday, March 18, 2026                           | Free Sign-Up | Family Event:<br>Family Swim               |                |
| Wednesday, March 18, 2026                           | ALL GRADES   | Leeward YMCA:<br>Bake Sale                 |                |
| Thursday, March 19, 2026                            | ALL GRADES   | Bounce House:<br>Water Slide               |                |

### Emergency Authorization

(Emergency Authorization needs to be filled out only once)

In the case of a medical emergency, every effort will be made by the YMCA staff to contact the parent/guardians of the ill/injured child. However, in the event that our attempts are unsuccessful, please provide us with an alternate emergency contact.

Emergency Contact \_\_\_\_\_  
Name Phone Number

Should a child become ill or injured while on a field trip and it is deemed that medical attention is needed, YMCA staff will call for an ambulance and the child will be taken to the nearest medical facilities. Indicate below if you prefer an alternate medical center, keeping in mind that this may not be the nearest facility depending on the location of the field trip. In a serious situation the Youth Director with the advice of the emergency response unit may decide that it is in the best interest of the child that he/she be taken to the medical facility that is closest to the field trip site.

My hospital preference is: \_\_\_\_\_  
Hospital

I agree to the emergency procedure above. I also understand that as parent/guardian, I will be responsible for any costs incurred should my child become ill or injured and the YMCA staff determines that medical attention is required. Such costs may include the need for an ambulance and expenses for medical care.

\_\_\_\_\_  
Parent's Name (Print)

\_\_\_\_\_  
Parent's Signature/Date

